

Bronze #6

Complete and submit the Utah School Heart Health Surveys.



Definition: To complete this criterion the Heart Health Surveys must be completed by one school administrator and 80% of classroom teachers. The appropriate number of Heart Health Surveys will be available through your Local Health Department. The Heart Health Surveys are coded specifically for each school. Do not make copies of the surveys or use Heart Health Surveys intended for another school. The Heart Health Surveys are intended to be a baseline tool and should be completed as early in the school year as possible. All Heart Health Surveys must be turned in by November 21.

Rationale: Completion of the Heart Health Surveys will help collect baseline data to keep Gold Medal Schools current on the issues facing schools in Utah. The surveys will help direct Gold Medal Schools to determine the best way to reach students in helping them make good choices about their health.

Resources

Local Health Departments

Assignments

School Coordinator Assignments

- Encourage teachers and administrators to complete the surveys

Mentor Assignments

- Distribute Heart Health Surveys (HHS) at a faculty meeting
- Collect surveys at the end of the faculty meeting
- Ensure that 80% of teachers and one administrator have filled out the HHS
- Turn HHS in to your Local Health Department
- Write a description for the mid-year and end-year reports

Bronze #6 Ideas

- Don't give faculty their 5 Minute Energizers until they have turned in a Heart Health Survey.
- Pass Heart Health Surveys out at a meeting when all faculty and staff are present.
- Stress that the school will not get their money at the end of the year if the Heart Health Surveys are not complete.
- If Heart Health Surveys are not passed out at a meeting. Set a deadline for teachers to return the survey. Arrive on the deadline to pick surveys up
 - If the principal and food service worker did not complete a survey, give them a survey and personally ask them to complete it. Reset the deadline
 - If 80% of the teachers did not complete the survey personally ask them to complete it and reset the deadline.

Heart Health Survey Description Template

A description must include specific details describing how the school completed the criteria. If you are writing a description for criteria that the school achieved in previous years please include a description of what the school is doing **this year** to maintain that level not what they did in previous years.

A Gold Medal Schools description does not require an Intent, Rationale, Reinforcement, or the principal's signature. Use this template to write your description (all information is required).

A sample description for this criterion is provided on the next page.

The description must include...

- ☐ If completed this year: date HHS were turned in
- ☐ If completed in previous year: statement that HHS were turned in when this school completed the Bronze criteria



Heart Health Survey Description

The Heart Health Surveys were distributed at faculty meeting on October 3, 2006 to the principal and all teachers at the faculty meeting. Everyone was given twenty minutes to complete the survey then the mentor collected the surveys. The principal, food service manager, and 85% of the teachers completed the survey. Surveys were turned into the LHD on October 5, 2006